Curriculum Vitae

**Anthony W. Austin, Ph.D.**

**Address for correspondence**:

University of Arkansas at Pine Bluff **Tel:** (870) 575-8189

Department of Social and Behavioral Sciences **Fax:** (870) 575-8397

1200 North University Drive **Email:** austina@uapb.edu

Mail Slot 4988

Pine Bluff, AR 71601

**POSITIONS HELD**

**Assistant Professor,** August 2014 – Present

University of Arkansas at Pine Bluff

Psychology Program, Department of Social and Behavioral Sciences

**EDUCATION**

**Postdoctoral Fellow**, September 2011 – July 2014.

Montreal Behavioural Medicine Centre

Concordia University, Department of Exercise Science

Research Centre, Hopital du Sacré-Cœur de Montréal, Montreal, QC

*Supervisors:* Simon Bacon, Ph.D. & Kim Lavoie, Ph.D.

**Doctor of Philosophy**, Experimental Psychology. September 2006 – September 2011.

Ohio University, Athens, OH.

*Dissertation*: “Effects of Stress-Hemoconcentration on the Coagulation Cascade.”

*Advisor and Chair of dissertation committee*:Stephen M. Patterson, Ph.D.

**Fulbright Scholar**, February 2010 – October 2010.

Inselspital University Hospital Bern, Bern, Switzerland.

*Supervisor:* Roland von Känel, M.D.

**Master of Arts**, Experimental Psychology**,** August 2004 – August 2006.

Cleveland State University, Cleveland, OH.

*Thesis:* “Stress and Quality of Diet in Adolescents and College Students.”

*Advisor and Chair of thesis committee:* Albert F. Smith, Ph.D.

**Bachelor of Science**, Psychology, Spanish Minor, August 1998 – May 2003.

Tennessee Technological University, Cookeville, TN.

*Advisor:* Zachary Wilcox, Ph.D.

**RESEARCH INTERESTS**

My research interests center on the impact of psychological stress on markers of disease and how psychological stress is associated with cardiovascular disease. Additional interests are in the health disparities, epidemiological impact of psychological factors on health, ways of coping with acute pain, and general psychophysiological research methods.

**RESEARCH FUNDING**

**A. Funds awarded**

## National Science Foundation, Implementation Project

Title: **University of Arkansas Pine Bluff (UAPB) STEM Scholars Academy Project**

Duration: 2015-2020 Amount: $1.75M Role: Co-Program Manager

(PI: Mary E. Benjamin, Ph.D.)

1. Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions Grant, Office of Ethnic Minority Affairs, American Psychological Association

Title: **Educational Attainment Disparities in Health and Cardiovascular Reactivity**

Duration: 2 years (2015-2017) Amount: $6200 Role: Primary Investigator

1. Title III Training Grant, U.S. Department of Education, Office of Postsecondary Education, (Institutional Services, Title III, Part B, Historically Black Colleges and Universities Program)

Title: Human Psychophysiology Laboratory

Duration: 2015 - Amount: $25,000 Role: Primary Applicant

Role: Lead writer and idea generation for this grant for a student-centered learning laboratory.

1. Canadian Institutes of Health Research (CIHR) Operating Grant

Title: **Understanding mechanisms of elevated blood clotting during acute psychological stress**

Duration: 3 years (2013-2016) Amount: $287,732 CAD Role: Co-Investigator

(PI Simon Bacon)

Role: Lead writer and idea generation; project coordination; participant testing; data collection and analysis

1. Student Enhancement Aware, Council on Research, Scholarship and Creative Activity, Ohio University

Title: **Activation of coagulation during acute psychological stress: actual activation or hemoconcentration?**

Duration: 1 year (2010) Amount: $5,111 Role: Primary Investigator

Role: Lead writer and idea generation; project coordination; participant testing; data collection and analysis

1. Department of Psychology Research Grant, Ohio University

Title: **Pain-related fear, attentional strategy and physiological reactivity during the cold pressor task**

Duration: 1 year (2008) Amount: $482 Role: Primary Investigator

Role: Lead writer and idea generation; project coordination; participant testing; data collection and analysis

1. Department of Psychology Research Grant, Ohio University

Title: **The effects of dietary lipids on cardiovascular and hematological reactivity to stress**

Duration: 1 year (2007) Amount: $500 Role: Primary Investigator

Role: Lead writer and idea generation; project coordination; participant testing; data collection and analysis

**FELLOWSHIPS**

1. Postdoctoral Fellowship for non-Québec residents (declined), Fonds de Recherche Québec-Santé.

Duration: 1 year (2014) Amount: $30,000 CAD

* Merit scholarship for foreign postdoctoral fellows in Québec.
* Application ranked 2nd out of 84 applicants.

1. Bourse de Perfectionnement, The Michel Auger Foundation of Hôpital du Sacré-Cœur de Montréal

Duration : 1 year (2013 – 2014) Amount : $10,000 CAD

* Fellowship granted for research excellence at the Hôpital du Sacré-Cœur de Montréal

1. Programme de bourses d'excellence pour étudiants étrangers, Bourses postdoctorales, Ministère de l'Éducation, du Loisir et du Sport

Duration: 1 year (2012 – 2013) Amount: $35,000 CAD

* Merit scholarship for foreign postdoctoral fellows in Canada.

1. J. William Fulbright Foreign Scholarship Award, United States Department of State's Bureau of Educational and Cultural Affair

Title: *Mechanisms Linking Acute Psychological Stress and Clotting of the Blood.*

Duration: 8 months (February – September, 2010) Amount: 16,500 CHF

Location: Inselspital, University Hospital Bern, Switzerland.

* Scholarship to promote international collaboration and stewardship

**AWARDS RECEIVED**

1. Psi Chi Unrestricted Travel Grant. 2015

Psi Chi, the International Honor Society in Psychology

Amount: $521.45

1. Gender, Sex and Health Research Skills Development Award. May 19-June 2, 2014

Canadian Institutes of Health Research, Institute of Gender and Health

Amount: $4248 CAD

* Award supporting travel to work with the endocrinologists Doreen Rabi, MD and Sofia Ahmed, MD at the University of Calgary to increase my understanding of the association between sex hormones and cardiovascular outcomes.

1. Selected to attend the 3rd World Conference on Research Integrity (Montreal) 2013

School of Graduate Studies, Concordia University

Amount: $250 CAD

1. Scholar for the 2013 APS Young Investigator Colloquium 2013

American Psychosomatic Society

Amount: $500

1. Graduate Student Senate Travel Awards 2007-2010

Ohio University

Cumulative amount for five awards: $2274

1. Thomas L. Creer Graduate Student Research Travel Award 2009

Ohio University Health Psychology Group

Amount: $500

1. Psi Chi Travel Award 2006

Cleveland State University

Amount: $447

1. College of Science Travel Award 2005

Cleveland State University

Amount: $635

**PUBLICATIONS (students are underlined)**

**A. Peer-reviewed publications**

1. **Austin, A.W.**, Kushnick, M.R., Knutson, M.J., McGlynn, M.L., & Patterson, S.M. (2015). Resting plasma lipids and cardiovascular reactivity to acute psychological stress. *Journal of Psychophysiology, 29(3)*, 99-106. doi: 10.1027/0269-8803/a000140.
2. **Austin, A.W.,** Patterson, S.M., Ziegler, M.G., &Mills, P.J. (2014). Plasma volume and flight duration effects on post-spaceflight soluble adhesion molecules. *Aviation, Space, and Environmental Medicine, 85(9),* 912-918. doi: 10.3357/ASEM.3959.2014.
3. **Austin, A.W.,** Gordon, J.L., Lavoie, K.L., Arsenault, A., Dasgupta, K., & Bacon, S.L. (2014). Differential association of insulin resistance with cognitive and somatic symptoms of depression. *Diabetic Medicine, 31(8)*, 994-1000. doi: 10.1111/dme.12465.
4. **Austin, A.W.**, & Patterson, S.M. (2013). Comparison of stress-hemoconcentration correction techniques for stress-induced coagulation. *BioMed Research International.* Article ID 480648, 10 pages. doi:10.1155/2013/480648.
5. **Austin, A.W.**, Wissmann, T., & von Känel, R. (2013). Stress and hemostasis: an update. *Seminars in Thrombosis and Hemostasis, 39*, 902-912. doi: 10.1055/s-0033-1357487.
6. **Austin, A.W.**, Wirtz, P., Patterson, S.M., Stutz, M., & von Känel, R. (2012). Stress-induced alterations in hemostasis: Assessment of a new hemoconcentration correction technique. *Psychosomatic Medicine, 74*, 288-295. doi: 10.1097/PSY.0b013e318245d950.
7. **Austin, A.W.**, Patterson, S.M., & von Känel, R. (2011). Hemoconcentration and hemostasis during acute stress: interacting and independent effects. *Annals of Behavioral Medicine, 42*, 153-173. doi: 10.1007/s12160-011-9274-0.
8. Suhr, J.A., Patterson, S.M., **Austin, A.W.,** & Heffner, K.L.(2010). The relation of hydration status to memory and working memory in older adults. *Journal of Nutrition, Health and Aging, 14*, 840-843. doi: 10.1007/s12603-010-0108-8.
9. **Austin, A.W.**, Smith, A.F., & Patterson, S.M. (2009). Stress and dietary quality among black adolescents in a metropolitan area. *Stress and Health, 25*, 171-178.

**B. Peer-reviewed letters**

1. **Austin, A.W.**, Patterson, S.M., & von Känel, R. (2015). Stress-hemoconcentration: plasma volume changes or splenic contraction? A reply to Engan and Schagatay. *Annals of Behavioral Medicine, 49(4)*, 636-637. doi: 10.1007/s12160-015-9708-1
2. **Austin, A.W.**, Wirtz, P., Patterson, S.M., Stutz, M., & von Känel, R. (2013). Reply to “Interpretive limitations associated with plasma volume shifts in the clinical assessment of hemostasis.” *Psychosomatic Medicine*, *75(2)*, 223-226. doi: 10.1097/PSY.0b013e318286f949.

**C. Manuscripts under review/revision**

1. Stebénne, P., Bacon, S.L., **Austin, A.W.**, Arsenault, A., Laurin, C., Meloche, B., Gordon, J., Dupuis, J., & Lavoie, K.L. (under revision). Perception of chest pain during exercise stress testing: Role of positive and negative affect. *Psychosomatic Medicine.*

**D. Manuscripts in preparation**

1. **Austin, A.W.,** Pelletier, R., Pilote, L., & Rabi, D. for the GENESIS-PRAXY Investigators. Factors associated with study completion in patients with premature acute coronary syndrome. *Journal of Epidemiology and Community Health*
2. **Austin, A.W.**, von Känel, R., Mills, P.J., Lavoie, K.L., Bacon, S.L., Pung, M.A., & Dimsdale, J.E. Sleep characteristics and inflammatory responses to acute psychological stress. *Journal of Psychophysiology.*
3. Wilkinson, M., Scanlin, M., Morrelato, A., M., Ovre, C., St.-Onge, N., Trost, Z., Patterson, S.M, & **Austin, A.W.** Pain-related fear, attentional strategy and electromyographic responses to cold pain. *Journal of Pain.*

**PRESENTATIONS AT SCHOLARLY MEETINGS**

## A. Oral Presentations

1. **Austin, A.W**.**,** Pelletier, R.\*, Behlouli, H., Pilote, L., & Rabi, D. for the GENESIS-PRAXY Investigators (2014, October). *Factors associated with study completion in patients with premature acute coronary syndrome.* Paper presented at the Canadian Cardiovascular Congress, Vancouver, BC. \* Presented in my stead.
2. **Austin, A.W.,** Gordon, J.L., Lavoie, K.L., Arsenault, A., & Bacon, S.L. (2013, March). *Are the somatic-affective and cognitive symptoms of depression differentially associated with insulin resistance?* Paper presented at the 71st Annual Meeting of the American Psychosomatic Society, Miami, FL . ***Selected to be recorded as a lecturecast for the APS website.***
3. **Austin, A.W.**, Wirtz, P., Patterson, S.M., Stutz, M., & von Känel, R. (2011, March). Stress-induced changes in blood coagulation and hemoconcentration. Paper presented at the 69th Annual Meeting of the American Psychosomatic Society, San Antonio, TX.

**B. Poster Presentations (students underlined)**

1. Coleman, B.F, White-Gluz, B., Bacon, S.L., Lavoie, K.L., Arsenault, A., & **Austin, A.W.** (2015, April). *Sociodemographic, clinical, and psychosocial characteristics associated with attrition in cardiac patients in a longitudinal study*. Poster presented at the 28th Annual Student/Faculty Research Forum. University of Arkansas at Pine Bluff, Pine Bluff, AR.
2. Coleman, B.F, White-Gluz, B., Bacon, S.L., Lavoie, K.L., Arsenault, A., & **Austin, A.W.** (2015, March). *Sociodemographic, clinical, and psychosocial characteristics associated with attrition in cardiac patients in a longitudinal study*. Poster presented at the 73rd Annual Meeting of the American Psychosomatic Society, Savannah, GA.
3. **Austin, A.W.,** Patterson, S.M., Knutson, M.L., McGlynn, M.L., & Kushnick, M.R. (2014, April). *Resting plasma lipids and cardiovascular reactivity to acute psychological stress*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
4. **Austin, A.W.,** von Känel, R., Mills, P.J., Lavoie, K.L., Bacon, S.L., Pung, M.A., & Dimsdale, J.E. (2014, March). *Associations between sleep disruptions and inflammatory responses to acute psychological stress*. Poster presented at the 72nd Annual Meeting of the American Psychosomatic Society, San Francisco, CA.
5. **Austin, A.W.,** Gordon, J.L., Lavoie, K.L., Arsenault, A., & Bacon, S.L. (2013, October). *Somatic-affective symptoms of depression have a stronger association with insulin resistance than cognitive symptoms*. Poster presented at the Canadian Cardiovascular Congress, Montreal, QC.
6. Ovre, C., Scanlin, M., Trost, Z., Ball, K., **Austin, A.**, & Patterson, S. (2013, March). *Trait fear and avoidance as predictors of pain tolerance.* Poster presented at the 71st Annual Meeting of the American Psychosomatic Society, Miami, FL.
7. Scanlin, M., Ovre, C., Ball, K., **Austin, A.**, & Patterson, S. (2013, March). *The effect of attention strategy on experienced pain during the cold pressor task.* Poster presented at the 71st Annual Meeting of the American Psychosomatic Society, Miami, FL.
8. **Austin, A.W.**, & Patterson S.M. (2012, May). *Reconstitution with saline is more appropriate than arithmetic correction when examining stress-hemoconcentration effects on coagulation*. Poster presented at the Arteriosclerosis, Thrombosis and Vascular Biology 2012 Scientific Sessions, Chicago, IL.
9. **Austin, A.W.**, & Patterson, S.M. (2012, March*). Effects of stress-hemoconcentration on the coagulation cascade.* Poster presented at the 70th Annual Meeting of the American Psychosomatic Society, Athens, Greece. ***Selected by the American Psychosomatic Society as being especially newsworthy.***
10. **Austin, A.W.**, Lavoie, K.L., Arsenault, A.B., & Bacon, S.L. (2012, March). *Relationships between depression, anxiety, health symptoms and several biomarkers among those with and without coronary artery disease.* Poster presented at the 70th Annual Meeting of the American Psychosomatic Society, Athens, Greece.
11. Ovre, C., **Austin, A.W.**, & Patterson, S.M. (2012, March). *Effects of Fluid Loading on Pain Perception and Cardiovascular Reactivity.* Poster presented at the 70th Annual Meeting of the American Psychosomatic Society, Athens, Greece.
12. Trost, Z., **Austin, A.**, Fox, J., & Patterson, S. (2011, April). *The effect of attention/coping strategy and pain-related fear on cold pressor pain.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
13. Patterson, S.M., Ziegler, M.G., **Austin, A.W.**, & Mills, P. (2011, March). *Influence of spaceflight on plasma volume and hemoconcentration of immune cells and soluble adhesion markers*. Poster presented at the 69th Annual Meeting of the American Psychosomatic Society, San Antonio, TX.
14. **Austin, A.W.**, Patterson, S.M., Kushnick, M.R., Knutson, M.J., & McGlynn, M.L. (2010, March). *Relationships between resting lipids and cardiovascular reactivity over time*. Poster presented at the 68th Annual Meeting of the American Psychosomatic Society, Portland, OR.
15. **Austin, A.W.**, Patterson, S.M., Ovre, C.D., Darr, D.L., & Muhlenkamp, L.A. (2010, March). *Stress-hemoconcentration effects on blood coagulation.* Poster presented at the 68th Annual Meeting of the American Psychosomatic Society, Portland, OR.
16. Suhr, J.A., Patterson, S., Heffner, K., & **Austin, A.** (2010, March). *Relation of hydration status to memory and working memory in older adults.* Poster presented at the 68th Annual Meeting of the American Psychosomatic Society, Portland, OR.
17. **Austin, A.W.**, Patterson, S.M., Kowalsky, J.M., & Arreguin Jr., R.J. (2009, March). *Effects of dietary fat on cardiovascular reactivity and recovery from stress.* Poster presented at the 67th Annual Meeting of the American Psychosomatic Society, Chicago, IL.
18. Patterson, S.M., Warfel, R.M., & **Austin, A.W**. (2009, March). *Effects of total body water on cardiovascular function among oral contraceptive users versus non oral contraceptive users*. Poster presented at the 67th Annual Meeting of the American Psychosomatic Society, Chicago, IL.
19. **Austin, A.W.**, Smith, A.F., & Patterson, S.M. (2008, May). Stress and dietary quality among black adolescents in a metropolitan area. Poster presented at 20th Annual Convention of the Association for Psychological Science, Chicago, IL.
20. **Austin, A.,** Patterson, S., Heffner, K., & Suhr, J. (2008, April). *Relationship between blood pressure, hydration and cognition in older adults.* Poster presented at the Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
21. Suhr, J., Heffner, K., **Austin, A.**, & Patterson, S. (2008, April). *Effects of dehydration on cognition in older adults.* Poster presented at the Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
22. Patterson, S.M., Matthews, K.A., Owens, J.F., & **Austin, A.W.** (2007, March). *The effects of posture on stress-induced changes in blood and plasma viscosity.* Poster presented at the 28th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington D.C.
23. Sears, C., **Austin, A.**, McCray, R., Griffith, T., & Kline, K. (2005, April). *Cardiovascular and subjective responses to laboratory stressors in high and low math and speech anxious individuals*. Poster at the 26th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. Boston, MA.

23. Wilcox, Z., **Austin, A.**, Whitley, H., Dale, W., Piepmeier, A., & Winningham, S. (2003, August). *Acute cardiovascular responsivity and general health: homeostasis or allostasis?* Poster presented at the American Psychological Association Convention, Toronto, ON.

**INVITED ORAL PRESENTATIONS**

1. Minority Fellowship Program Psychology Summer Institute, American Psychological Association

July 2015

Title: *Do cardiovascular responses to psychological stress explain racial disparities in hypertension?*

1. Social and Behavioral Sciences Speaker Series, Department of Social and Behavioral Sciences, University of Arkansas at Pine Bluff

January 2015

Title: *Physiological reactivity: an important link between stress and chronic disease?*

1. Graduate Students in University Teaching Learning Community, Concordia University November 2013

Title: *Learning about Blended Learning in a Massive Open Online Course (MOOC)*

1. Research Centre, Hôpital du Sacré-Cœur de Montréal, Montreal, Quebec

March 2013

Title: *Are the somatic-affective and cognitive symptoms of depression differentially associated with insulin resistance?*

1. Research Centre, Hôpital du Sacré-Cœur de Montréal

February 2013

Title: *Mechanisms of elevated blood clotting during acute psychological stress*

1. Research Centre, Montreal Heart Institute

December 2011

Title: *Stress-Induced Alterations in Coagulation: Assessment of a New Hemoconcentration Technique*

1. Exercise Science Department, Concordia University

October 2011

Title: *Effects of Stress-Hemoconcentration on the Coagulation Cascade*

1. Psychology Department, Ohio University

May 2011

Title: *Stress-Induced Changes in Hemostasis: Assessment of a New Hemoconcentration Correction Technique*

**TEACHING EXPERIENCE**

**A. Courses taught as Instructor of Record**

1. University of Arkansas at Pine Bluff
   1. Seminar in Psychology (PSYC 4310, co-taught with Dr. Angela Andrade) Spring 2015
   2. Psychological Statistics II (PSYC 4300) Spring 2015
   3. Experimental Psychology (PSYC 4301) Spring 2015
   4. Sensation and Perception (PSYC 3306) Spring 2015
   5. Physiological Psychology (PSYC 4302) Fall 2014
   6. Health Psychology (PSYC 4309) Fall 2014
   7. Psychological Statistics I (PSYC 3300) Fall 2014
2. Ohio University
   1. Human Psychophysiology (PSY 327) Winter 2011
   2. Physiological Psychology (PSY 312) Spring 2008 & Spring 2009

**C. Other teaching experience**

1. *Part-time lecturer and evaluator*. Spring 2014

Research Methods (EXCI 250). Department of Exercise Science, Concordia University

* Provided three lectures in this team-taught course.

1. *Teaching Assistant* Fall 2013

EXCI 610 Statistics and Research Design (EXCI 610), Department of Exercise Science, Concordia University

* Evaluator for class presentations.

1. *Teaching assistant* 2006-2009; 2011

Ten psychology courses, Department of Psychology, Ohio University

* Led laboratory sessions, proctored and marked exams, marked assignments, substituted when needed.

**STUDENT SUPERVISION**

1. Seminar in Psychology, University of Arkansas at Pine Bluff

*Quentin Thompson,* 2015

*LeAndrea Williams,* 2015

1. *Balton Coleman, B.S.c.* (deceased) 2014

* Institution: Department of Social and Behavioral Sciences, University of Arkansas at Pine Bluff
* Mentored him on a first-authored abstract titled “*Sociodemographic, clinical, and psychosocial characteristics associated with attrition in cardiac patients in a longitudinal study*” that was submitted for presentation at the annual meeting of the American Psychosomatic Society in 2015.

1. *Annik Plourde, B.A.* 2013-2014

* Institution: Department of Psychology, Université du Québec à Montréal
* Mentored her on the setup and coordination of her dissertation research project, “*Effets du stress aigu chez les asthmatiques avec ou sans trouble dépressif majeur,”* which is examining respiratory and immune responses to acute psychological stress among asthmatics with and without depression.

1. *Philippe Stébenne*, *M.P.s.* Department of Psychology, Université du Québec à Montréal. 2012-2014

* Supervised his PsyD thesis manuscript, “*Perception of chest pain during exercise stress testing: Role of positive and negative affect*,” which is examining the impact of positive and negative affect as risk factors for silent ischemia.

1. *Alyssa Morellato*, *B.S.,* Department of Exercise Science, Concordia University. Summer 2012

* Supervised her independent study project, “*Pain--related fear, attentional strategy, and physiological reactivity during the cold pressor task.”*

1. Department of Psychology, Ohio University 2006-2011

* Mentored over 40 undergraduate students enrolled in the course *Research in Psychology* (PSY 390), in which they helped conduct psychophysiological laboratory research.

**SERVICE ACTIVITIES**

**A. Departmental Service**

1. Co-Coordinator of the Psychology Program, 2014 – present
2. Psi Chi, Faculty Advisor for University of Arkansas at Pine Bluff chapter, 2014 - present
3. Committees
4. Speaker Series Search Committee (Chair), Department of Social and Behavioral Sciences, University of Arkansas at Pine Bluff, 2014 - present
5. Technology Committee, Department of Social and Behavioral Sciences, University of Arkansas at Pine Bluff, 2014 - present
6. Planning and Advisory Committee, Department of Social and Behavioral Sciences, University of Arkansas at Pine Bluff, 2014 - present
7. Mimio Subcommittee, Department of Social and Behavioral Sciences, University of Arkansas at Pine Bluff, 2014 - present

**B. Institutional Service**

1. University of Arkansas at Pine Bluff
2. Research Committee. University of Arkansas at Pine Bluff, 2015-2016
3. HBCU-UP STEM External Advisory Board, 2015-2016
4. Ohio University
5. Health Psychology Research Nurse Search Committee, Psychology Department, Ohio University, 2010.
6. Curriculum, Scholarships and Awards Committee, Psychology Department, Ohio University 2008-2009.
7. Health Psychology Faculty Search Committee, Psychology Department, Ohio University 2008-2009.

**C. Community Service**

1. Judge for Science Fair Exposition, sponsored by the University of Arkansas at Pine Bluff, Office of the Vice Chancellor for Research, Innovation and Economic Development, February 12, 2015
2. Let’s Talk Science. Science outreach program for primary school students. 2014
3. Judge for Expo-sciences Hydro-Québec, finale régionale du Primaire des régions de Montréal et de la Montérégie (Primary school science fair, regional finals). May 2013.
4. Association d’ultimate de Montreal – assistance with putting on ultimate frisbee tournaments and events. 2012-2013.
5. Ultimate Frisbee Coach – Concordia University’s Ultimate Frisbee team. 2012-2013.
6. Ultimate Frisbee Youth Trainer (age 12-17) – Disc Club Panthers, Bern, Switzerland. 2010.

**D. Discipline Service**

1. Committees
   1. Student Mentoring Committee, Arkansas Association of Black Psychology Professionals, 2015 - present.
   2. Health Section of the Canadian Psychological Association, Student Representative, 2013-2014.
   3. Finance Committee, Brain Awareness Montreal, 2012-2013.
   4. Brain Bee Committee, Brain Awareness Montreal, 2012-2013.
2. Manuscript Reviewer
3. Stress and Health: Journal of the International Society for the Investigation of Stress, 2009-2015. Number of works reviewed: 6
4. Psychosomatic Medicine, 2013-2014. Number of works reviewed: 2
5. Annals of Behavioral Medicine, 2013. Number of works reviewed: 2
6. Psychophysiology, 2014. Number of works reviewed: 1
7. Journal of Nutrition, Health and Aging, 2013. Number of works reviewed: 1
8. Current Psychiatry Reviews, 2012. Number of works reviewed: 1
9. Arteriosclerosis, Thrombosis and Vascular Biology, 2012. Number of works reviewed: 1
10. International Journal of Hypertension, 2011. Number of works reviewed: 1
11. International Journal of Psychophysiology, 2007. Number of works reviewed: 1
12. Conference Abstract Reviewer
13. American Psychosomatic Society, Annual Scientific Meeting, 2009-2011, 2013-2015.
14. Canadian Psychological Association, Annual Convention, 2013.
15. Grants/Awards Reviewer
16. Undergraduate Research Grant, Psi Chi, the International Honor Society in Psychology. 2015
17. Student Undergraduate Research Fellowship, Arkansas Department of Higher Education, 2014.
18. Association for Psychological Science Student Caucus, Student Research Award, 2007-2009.
    1. Association for Psychological Science Student Caucus, Student Grant Competition, 2007-2008.
19. Textbooks
20. Straub, R.O. (2014). *Health Psychology, 4th Edition*. Worth: New York.

* Full textbook review

1. Schwartz, B.L., & Krantz, J.H. (2015). *Sensation and Perception*.Sage: Thousand Oaks, CA.

* Wrote lecture notes for this textbook

1. Breedlove, M., Rosenzweig, M.R., & Watson, N.V. (2009). *Biological Psychology, 6th Edition*. Sinauer: Sunderland, MA.

* Reviewed Chapter 5: Hormones and the Brain.

**E. Professional Memberships**

1. Current Memberships
   1. Arkansas Association of Black Psychology Professionals, 2014 - present
   2. American Psychosomatic Society, 2007- present
   3. Society of Behavioral Medicine, 2007-2009, 2014 - present
   4. American Psychological Association, 2015 - present
   5. Division 2 (Society for Teaching of Psychology), American Psychological Association, 2014 – present
   6. Division 38 (Health Psychology), American Psychological Association, 2014 – present
   7. International Society for the Scholarship of Teaching and Learning, 2014 – present
   8. Psi Chi, 2002 – present
2. Past Memberships
   1. Canadian Diabetes Association, 2013 - 2014
   2. Canadian Psychological Association, 2013 - 2014
   3. National Postdoctoral Association, 2013 – 2014
   4. Association for Psychological Science, 2007-2009
   5. American Psychological Association, 2003

**PROFESSIONAL DEVELOPMENT**

**A. Conferences, Workshops, and Webinars:**

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| **Conference/Workshop/Webinar** | **Sponsor** | **Date(s) Attended** |
| Minority Mental Health Awareness Month ~ The Importance of Talking & Tackling Trauma at HBCUs (Webinar) | Substance Abuse and Mental Health Services Administration | July 30, 2015 |
| Minority Fellowship Program – Psychology Summer Institute | American Psychological Association | July 12 – 18, 2015 |
| Turnitin Scoring Engine: A New Approach to Writing Assessment (Webinar) | Turnitin | April 30, 2015 |
| Improvisation and Plagiarism: Fostering a Culture of Creativity (Webinar) | Turnitin | April 22, 2015 |
| Fun with Active Learning (Workshop) | Center for Teaching, Learning and Advising, UAPB | April 7, 2015 |
| Model for Institutional Effectiveness Assessment (Webinar) | LiveText | March 24, 2015 |
| School Based Identification of Dyslexia in Arkansas (Workshop) | Arkansas River Education Service Cooperative: | October 24, 2014 |
| Pitfalls in Health Policy Reporting (Conference) | Concordia University | September 27, 2013 |
| Supporting Active Learning and Technological Innovation in Science Education conference and pre-conference workshop titled “Confidence Builder: Designing basic active learning activities” | Dawson College, Montreal, QC | June 10-11, 2013 |
| 3rd World Conference on Research Integrity |  | May 5-8, 2013 |
| Canadian Association of Postdoctoral Administrators (conference) |  | November 2012 |

Workshops through Concordia University's Graduate and Professional Skills program:

|  |  |  |
| --- | --- | --- |
| 1. Career Building: | **Completion date** | **Hours** |
| * Career Panel - PhD Careers Beyond the Academy * Job Search Strategies * Soft Skills and the Graduate Student | 2013-10-16 2012-11-01 2012-10-12 | 2 2 2 |
| 1. Information & Digital Intelligence |  |  |
| * Keeping Up with Research Using RSS and Alerts | 2012-02-07 | 1.5 |
| 1. Language Training: |  |  |
| * Conversational French 2 * French Conversation Groups - Novice A * Conversational French 1 | 2013-06-05 2012-11-15 2011-12-16 | 40 16 36 |
| 1. Research Management |  |  |
| * Avoiding Plagiarism * Generating Creativity: Idea Generation through Role Playing * Performing Research-Creation * An Ethical Approach to Research | 2014-01-24  2013-12-04  2013-11-08  2011-10-25 | 2  2  1  2 |
| 1. Strategic Communications |  |  |
| * Concordia 3MT Competition - Learn from your Peers * Present Your Research-Participate in the Concordia 3-Minute Thesis Competition * Responding to the Call For Papers | 2012-04-12 2012-02-15  2011-11-24 | N/A N/A  1.5 |
| 1. Teaching and Knowledge Transfer |  |  |
| * How to be an effective teacher * TA Training Module 1: Grading, marking; and giving feedback * TA Training Module 2: Making the most out of discussions * Flipping Your Classroom * Social Media in Learning * Preparing your Teaching Dossier * Graduate Seminar in University Teaching - All Disciplines | 2014-01-21  2013-12-10  2013-12-10  2013-10-25  2013-09-20 2012-11-21 2012-03-26 | 1.5  1.5  1.5  1.5  1.5 1.5 36 |

**B. Other Professional Development Activities**

1. Statement of Accomplishment, Blended Learning online course. October – November 2013.

[www.coursera.com](http://www.coursera.com), Clayton Christensen Institute for Disruptive Innovation

1. Member, Graduate Seminar in University Teaching--Learning Community. September 2013-July 2014. Concordia University

* Bi-weekly meetings to discuss issues related to teaching and learning across disciplines.

1. Graduate Seminar in University Teaching. January 2012 – March 2012. Concordia University

* 36 hour workshop dedicated to improving teaching

1. Member, Preparing for the Academic Job Market - Learning Community for Graduate Students. 2009-2010. Ohio University